

Tips for Facilitators – Lesson 10

These tips are suggestions based on some ideas and approaches that proved useful and effective for the authors. Each Bible Study group is different. Feel free to use your own approaches as the Lord lays them on your heart.

Times we've shown for the reviews can vary between small groups.

PRACTICAL APPLICATION REVIEW (adds 10-15 minutes to normal lesson time)

NOTE: If you aren't using the part of the Tips for Facilitators that focuses on *Discerning Patterns in Trials* (which began with Lesson 6A), then skip the rest of this section and go into reviewing the read ahead.

- If you are using the *Discerning Patterns in Trials*, start the lesson by asking how everyone did remembering to record trials (heart disturbances) on their FIEL Tool. The goal was to remember to write down at least 2-3 trials from the week.
- Encourage one another, and let participants share patterns they've discerned in their trials from the FIEL Tool, if they are willing.
- Remind the small group that if God's Spirit causes them to remember a past trial during the lesson's discussions, they should write it down on the FIEL Tool before they forget.

REVIEW THE READ AHEAD

- Discuss people's thoughts, insights or observations from the read-ahead.
- If you are emphasizing *Discerning Patterns in Trials*, then note that this lesson focuses on Hagar's trial that deals with being mistreated by Sarai. Challenge small group participants to identify other trials Hagar experienced, and to work to see a pattern in them. Here are some of Hagar's other potential trials:
 - o Sarai giving Hagar to Abram as a "wife."
 - o Hagar being "acquired," possibly from Egypt, in the first place.
- Possible Pattern – Hagar has little control over her own life decisions. When she finally has the opportunity to flee, Hagar has to decide whether exercising that control is the right thing (godly thing) to do. Satan tempts her to flee and not come back to Sarai.

IDENTIFYING HEART DISTURBANCES (HD)/OBSERVATIONS

- Handle the HDs and 2nd OBSERVATION (the "what do you think God would you have to change in you to be at peace" observation), just like you did for previous lessons.

OBSERVATION 3: (adds 10-15 minutes to the lesson)

- If you are emphasizing *Discerning Patterns in Trials*, then leave some time after this last OBSERVATION to discuss the “Questions for Discerning Old Self Patterns” Handout. This Handout is available from the AUDIO page on the *Keys* website.
- The Handout was derived and adapted with permission from the *Keys Series* book, *Feelings 101: Pain to Peace*, 2nd Edition.
- The Handout is self-explanatory. Participants can work with the Handout on their own, in between Lessons 10 and 11, as part of discerning the patterns that God might be asking them to change in themselves.
- We recommend that, in Lesson 11, facilitators set some time aside to let everyone talk about what they learned from using the Handout. It can also be a time to ask questions and share insights participants gained about seeking to discern patterns and lessons God would teach us in trials.

PRACTICAL APPLICATION TO WORK ON DURING THE WEEK

- Continue working to remember to list 2-3 trials on your FIEL Tool during the week.
- Use the “Questions for Discerning Old Self Patterns” Handout during the week. Spend time with the Lord in prayer and introspection. Seek the power of the Lord’s Spirit to discern old self patterns that God would open to your spiritual eyes.
- Encourage participants to be prepared, at the next lesson, to share insights or ask questions about discerning old self patterns with the small group.